



# 2026 EBYFC RULE CHANGES



# WEIGHTS & AGES

- 6 Years Old minimum age requirement to participate
- NO Older-Lighter on the 8U level
- 3 Max Older-Lighter allowed on 10U and 12U
- Older-Lighter Max Weight-Limit for 12U is 105 lbs (applies to both 13 year-old and 8th Grader playing down)
- Older-Lighter and 14 year Olds cannot advance in age before 12/31/26
- EBYFC to Implement certified weigh-master for season, each city to have a certified individual, host city weigh-master to conduct ALL weigh-ins
- To Be Reviewed - adjusting older-lighter weight to be a season max weight for the entire season and not allowed to gain 1 lb. per week



# X-Man Rules

- Max 5 X-Men on field (no change)
- League to standardize X marking for helmet and distribute decals
- X-Man decal must also have player name




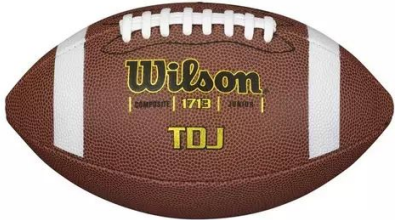


# Roster Sizes

- Max 40 Players on Roster
- Must field a Primary Roster of 28 players before allowed to field Secondary Team
- Cutoff Date for establishing Secondary Roster is **August 1st, 2026**



# Ball Size

- Wilson brand football to be the official brand ball used by all teams (no other brand football can be used in games)
- Use of a ball size smaller than approved by the league during an official game will result in automatic forfeit
- Official Ball Sizes:

8U	10U	12U	14U
K2	TDJ (Junior)	TDY (Youth)	TDY or Official (HS)
			



# Ball Size

- All game used balls must clearly show manufacturer's official size branding in order to be used in a game
- Game Balls: Each team must present a single (1) Game Ball to the Officials prior to game for approval prior to kickoff; each city to clearly mark the gameball to designate it as the day's game ball acknowledged by the Head Official - teams cannot use multiple balls during a contest



# Coach/Board/Parent Certification

- All coaches and league certified board members must pass LiveScan background screening in order to receive a badge
- All Adult coaches must have a current basic First Aid with CPR certification or equivalent. **(No online First Aid or CPR courses will be allowed)**. \*no change
- Any coach ejected from a contest will be suspended at the discretion of the Competition Committee (1 week minimum, with possibility of additional games based on committee's ruling)
- Head Coach to be suspended minimum 2 weeks for assistant coaches being ejected on multiple occasions (\*further clarification to be provided)
- "Team Parent" to be league certified - 1 per division



# Schedule & Gameday

- Any game schedule changes known to be occurring by one city must try to provide 2-weeks advanced notice to competing city when possible
- Any Visiting city failing to field an official team on the day of competition without notice will be responsible for covering all Referee Fees for that contest, failure to reimburse host city will result in forfeiture of ALL days games and be prohibited from participating in postseason play (further discipline will be at the discretion of the league Commissioner)
- Gate Fee to remain at \$10 / \$5 Senior (14 and under Free)



# Freshman & 8th Graders

- For 2026 Season, High School Freshmen will be allowed to compete in league as long as they meet age and grade requirements; this will be a review season to determine future state of High School grade players to be allowed in the league - based on outcome of 2026 season participants, High School Freshman may no longer be allowed to participate
- 8th Graders will continue to be required to only play at the 14U level, exception being an 8th grader who's body weight is below the previously established guidelines; No player will be allowed to participate as a declared 8th Grader in two consecutive seasons (i.e. if played as an 8th Grader in 2025, cannot play as an 8th Grader in 2026)