



East County Lions Coach Code of Conduct

As a coach for our East County Lions Youth Football & Cheer program, I am committed to providing a positive, safe, and respectful environment for all players and cheerleaders. I understand that my role extends beyond coaching the game; I am also a mentor and a role model for these young athletes. In order to create a supportive and enjoyable experience for everyone involved, I pledge to abide by the following code of conduct:

Positive Role Model: I will exemplify sportsmanship, respect, and integrity in all my interactions on and off the field.

Sportsmanship: I will display good sportsmanship at all times, win or lose. I will ensure I as well as my assistant coaches and players shake hands with opponents and officials before and after games and show grace under pressure.

Safety First: I will prioritize the safety and well-being of all players. I will educate myself on proper coaching techniques and follow guidelines to prevent injuries.

Equal Treatment: I will treat all players fairly and provide equal opportunities for participation and development, regardless of their skill level, background, or identity.

Respectful Communication: I will communicate with players, parents, officials, and other coaches in a respectful and professional manner. I will address concerns and conflicts constructively and calmly.

Skill and Character Development: I will focus on developing players' skills, teamwork, and character. I will emphasize improvement and growth over winning at any cost.

Age-Appropriate Coaching: I will adapt my coaching methods to the age and skill level of the players, avoiding undue pressure or unrealistic expectations.

Sportsmanship: I will promote good sportsmanship and fair play. I will discourage unsportsmanlike behavior, including taunting, cheating, and aggressive conduct.

Appropriate Conduct: I will avoid using foul language, negative gestures, or aggressive behavior during games and practices. I will set a positive example for my players and parents.

Inclusivity: I will create an inclusive and diverse environment that respects the backgrounds, abilities, and identities of all players.

Professionalism: I will maintain a professional demeanor at all times. I will adhere to appropriate dress codes and league rules.

Parental Involvement: I will welcome and encourage parents' involvement in a positive and supportive manner. I will keep them informed about team activities, schedules, and player progress.

Healthy Competition: I will encourage healthy competition while discouraging aggressive behavior and an excessive focus on winning.

Personal Conduct: I will avoid behaviors that could be considered inappropriate or harmful, both online and offline.

Continual Learning: I will stay updated on the latest coaching techniques, safety protocols, and child development principles to provide the best coaching experience.

Adherence to Rules: I will follow all league rules and regulations, including those related to player eligibility, game procedures, and conduct.

Confidentiality: I will respect the privacy of players and their families by not sharing sensitive personal information without consent.

Ejection Policy:

1. Referees will be watching language including a word that begins with N and are advised to flag cursing for an unsportsmanlike conduct 15 yard penalty. A derogatory term or racial slur could result in an immediate ejection. Taunting, targeting, blind side, or late hits could be flagged as unsportsmanlike as well. 2 unsportsmanlike flags in one game, and a player will be ejected.

2. Fighting i.e. throwing punches, kicks, takedown etc... whether before the game, during the game, or after the game will result in an automatic ejection.

Coaches or Fans that are tossed for whatever reason from a game... which could be cursing, derogatory terms, fighting, or other... will have the same consequence as the players.

Consequences for being ejected from a game this could be before or after the game as well.

A player, coach, or fan ejected from a game or removed from the field, will NOT be allowed to play, coach, or spectate the very next game. There are NO QUESTIONS ASKED. We will 1000000% agree with the referees and will not have an appeal process. End of discussion.

By adhering to this code of conduct, I acknowledge my responsibility as a coach and my commitment to the growth and well-being of the players under my guidance. I understand that any violation of this code may result in disciplinary action, up to and including removal from my coaching position.

Note: This applies to all practice and game locations

Coach name (please print): _____

Coach Email Address: _____

Coach Phone Number: _____

Coach Signature: _____